

BALA STANDARD TRIATHLON 2021 Participants

EventName	RaceNumber	Title	Firstname	Lastname
BALA STANDARD TRIATHLON 2021	1	Mr	Edward	Morgan
BALA STANDARD TRIATHLON 2021	2	Mrs	Rebekah	Wilkes
BALA STANDARD TRIATHLON 2021	3	Mr	Nasar	Adam
BALA STANDARD TRIATHLON 2021	4	Mr	Colin	Agnew
BALA STANDARD TRIATHLON 2021	5	Mr	Drew	Aitken
BALA STANDARD TRIATHLON 2021	6	Dr	Omar	Al-Rawi
BALA STANDARD TRIATHLON 2021	7	Mr	Finlay	Allen
BALA STANDARD TRIATHLON 2021	8	Mr	Freddie	Archdale
BALA STANDARD TRIATHLON 2021	9	Mr	Stephen	Ashworth
BALA STANDARD TRIATHLON 2021	10	Mr	John	Askew
BALA STANDARD TRIATHLON 2021	11	Mr	Harrison	Aspinall
BALA STANDARD TRIATHLON 2021	13	Mr	Tristan	Aspinall
BALA STANDARD TRIATHLON 2021	14	Mr	Michael	Atkinson
BALA STANDARD TRIATHLON 2021	15	Mr	Gavin	Attwood
BALA STANDARD TRIATHLON 2021	16	Ms	Sarita	Aujla
BALA STANDARD TRIATHLON 2021	17	Mrs	Christina	Austin
BALA STANDARD TRIATHLON 2021	18	Mrs	Jennifer	Aylward
BALA STANDARD TRIATHLON 2021	19	Mr	Paul	B
BALA STANDARD TRIATHLON 2021	20	Mr	Kristian	Bailey
BALA STANDARD TRIATHLON 2021	21	Mr	Hayden	Baines-Hughes
BALA STANDARD TRIATHLON 2021	22	Mr	Adam	Baker
BALA STANDARD TRIATHLON 2021	23	Mrs	Jasmine	Baker
BALA STANDARD TRIATHLON 2021	24	Mr	Neil	Balderstone
BALA STANDARD TRIATHLON 2021	25	Mr	Matthew	Ballaam
BALA STANDARD TRIATHLON 2021	26	Miss	Ali	Barber
BALA STANDARD TRIATHLON 2021	27	Dr	owen	barden
BALA STANDARD TRIATHLON 2021	28	Mr	Rob	Barker
BALA STANDARD TRIATHLON 2021	29	Mr	Cai	barnaby
BALA STANDARD TRIATHLON 2021	30	Mr	Russell	Barnes
BALA STANDARD TRIATHLON 2021	31	Mr	Dean	Barnett
BALA STANDARD TRIATHLON 2021	32	Miss	Mary	Barratt
BALA STANDARD TRIATHLON 2021	33	Mr	James	Bartlam
BALA STANDARD TRIATHLON 2021	34	Mr	Rob	Barton
BALA STANDARD TRIATHLON 2021	35	Mr	Will	Batchelor
BALA STANDARD TRIATHLON 2021	36	Mr	Michael	Battersby
BALA STANDARD TRIATHLON 2021	37	Mr	David	Baylay
BALA STANDARD TRIATHLON 2021	38	Mr	George	Beadsworth
BALA STANDARD TRIATHLON 2021	39	Ms	Mandy	Beames
BALA STANDARD TRIATHLON 2021	40	Mr	Daniel	Bean
BALA STANDARD TRIATHLON 2021	41	Miss	Gaynor	Beckett
BALA STANDARD TRIATHLON 2021	42	Mr	Jack	Beevers
BALA STANDARD TRIATHLON 2021	43	Mr	David	Benn
BALA STANDARD TRIATHLON 2021	44	Mr	Gordon	Bennell
BALA STANDARD TRIATHLON 2021	45	Mr	Richard	Bennett
BALA STANDARD TRIATHLON 2021	46	Mr	abozed	bensassi
BALA STANDARD TRIATHLON 2021	47	Mr	chris	berrington
BALA STANDARD TRIATHLON 2021	48	Mrs	Buddug	Bevan
BALA STANDARD TRIATHLON 2021	49	Ms	Natalie	Beveridge
BALA STANDARD TRIATHLON 2021	50	Mr	Tom	Bickersteth
BALA STANDARD TRIATHLON 2021	51	Mr	David	Bignell

BALA STANDARD TRIATHLON 2021	52	Mr	Miklos	Biro
BALA STANDARD TRIATHLON 2021	53	Mr	Phil	Birtles
BALA STANDARD TRIATHLON 2021	54	Mr	Samuel	Bishop
BALA STANDARD TRIATHLON 2021	55	Mr	Rob	Black
BALA STANDARD TRIATHLON 2021	56	Mr	Ricky	Bland
BALA STANDARD TRIATHLON 2021	57	Mr	Andrew	Blanshard
BALA STANDARD TRIATHLON 2021	58	Mr	Steve	Bliss
BALA STANDARD TRIATHLON 2021	59	Mr	Tom	Blundell
BALA STANDARD TRIATHLON 2021	60	Mr	Clive	Boulton
BALA STANDARD TRIATHLON 2021	61	Mr	Gareth	Bowyer
BALA STANDARD TRIATHLON 2021	62	Miss	Emily	Brace
BALA STANDARD TRIATHLON 2021	63	Mr	Laurie	Brace
BALA STANDARD TRIATHLON 2021	64	Mrs	Emma Jane	Bradfield
BALA STANDARD TRIATHLON 2021	65	Mr	Nathan	Bradshaw
BALA STANDARD TRIATHLON 2021	66	Ms	Emma	Breeze
BALA STANDARD TRIATHLON 2021	67	Mr	Michael	Brennand
BALA STANDARD TRIATHLON 2021	68	Miss	Hannah	Bristow
BALA STANDARD TRIATHLON 2021	69	Mr	Chris	Broad
BALA STANDARD TRIATHLON 2021	70	Mr	David	Bromley-Walsh
BALA STANDARD TRIATHLON 2021	71	Mr	Peter	Brookes
BALA STANDARD TRIATHLON 2021	72	Mr	Rob	Brown
BALA STANDARD TRIATHLON 2021	73	Mr	Alan	Bryson
BALA STANDARD TRIATHLON 2021	74	Mr	daniel	Bucknole
BALA STANDARD TRIATHLON 2021	75	Mr	lloyd	bugg
BALA STANDARD TRIATHLON 2021	76	Mr	Dan	Bunstone
BALA STANDARD TRIATHLON 2021	77	Mr	Robert	Bunting
BALA STANDARD TRIATHLON 2021	78	Mr	Callum	Burness
BALA STANDARD TRIATHLON 2021	79	Mr	Mark	Burton
BALA STANDARD TRIATHLON 2021	80	Mr	Colin	Caisley
BALA STANDARD TRIATHLON 2021	81	Mr	Gregor	Campbell
BALA STANDARD TRIATHLON 2021	82	Dr	paul	campbell
BALA STANDARD TRIATHLON 2021	83	Dr	Robbie	Campbell
BALA STANDARD TRIATHLON 2021	84	Mr	Stephen	Campbell
BALA STANDARD TRIATHLON 2021	85	Mr	Wayne	Capper
BALA STANDARD TRIATHLON 2021	86	Mr	Paul	Carman
BALA STANDARD TRIATHLON 2021	87	Mr	Ben	Carr
BALA STANDARD TRIATHLON 2021	88	Dr	Luke	Carter-Brzezinski
BALA STANDARD TRIATHLON 2021	89	Mr	James	Cashman
BALA STANDARD TRIATHLON 2021	90	Dr	Thomas	Cassidy
BALA STANDARD TRIATHLON 2021	91	Mr	Lee	Causby
BALA STANDARD TRIATHLON 2021	92	Miss	Lucy	CaveBrowneCave
BALA STANDARD TRIATHLON 2021	93	Ms	Catherine	Chang
BALA STANDARD TRIATHLON 2021	94	Mr	Neil	Chatham
BALA STANDARD TRIATHLON 2021	95	Mr	Dan	Chico
BALA STANDARD TRIATHLON 2021	96	Mr	Mark	Clair
BALA STANDARD TRIATHLON 2021	97	Mr	Christopher	Clark
BALA STANDARD TRIATHLON 2021	98	Mr	Graham	Clarke
BALA STANDARD TRIATHLON 2021	99	Mr	David	Clegg
BALA STANDARD TRIATHLON 2021	100	Mr	Matthew	Cockayne
BALA STANDARD TRIATHLON 2021	101	Mr	Kieron	Colclough
BALA STANDARD TRIATHLON 2021	102	Mr	Michael	Coleman
BALA STANDARD TRIATHLON 2021	103	Mr	Nick	Coleman
BALA STANDARD TRIATHLON 2021	104	Mr	Sam	Colley

BALA STANDARD TRIATHLON 2021	105	Mrs	Tracy	Colley
BALA STANDARD TRIATHLON 2021	106	Mr	John	Collier
BALA STANDARD TRIATHLON 2021	107	Mr	George	Comins
BALA STANDARD TRIATHLON 2021	108	Mrs	Rebecca	Comins
BALA STANDARD TRIATHLON 2021	109	Mr	Paul	Connah
BALA STANDARD TRIATHLON 2021	110	Mr	Lewis	Conway
BALA STANDARD TRIATHLON 2021	111	Miss	Barbara	Cook
BALA STANDARD TRIATHLON 2021	112	Miss	Rachel	Cook
BALA STANDARD TRIATHLON 2021	113	Mr	Gregory	Cooke
BALA STANDARD TRIATHLON 2021	114	Mrs	Louise	Cooke
BALA STANDARD TRIATHLON 2021	115	Mr	martin	cooke
BALA STANDARD TRIATHLON 2021	116	Mr	Jack	Cooledge
BALA STANDARD TRIATHLON 2021	117	Mr	Gerald	Cooper
BALA STANDARD TRIATHLON 2021	118	Mrs	Alexandra	Corby
BALA STANDARD TRIATHLON 2021	119	Mrs	Janine	Corciulo
BALA STANDARD TRIATHLON 2021	120	Mr	Niall	Cotterhill
BALA STANDARD TRIATHLON 2021	121	Mr	Neil	Coulson
BALA STANDARD TRIATHLON 2021	122	Mr	Leigh	Cowham
BALA STANDARD TRIATHLON 2021	123	Mr	Craig	Crawley
BALA STANDARD TRIATHLON 2021	124	Mr	Tom	Crone
BALA STANDARD TRIATHLON 2021	125	Mr	Neil	Crowden
BALA STANDARD TRIATHLON 2021	126	Mr	Phil	Crump
BALA STANDARD TRIATHLON 2021	127	Mr	Adam	Cullen
BALA STANDARD TRIATHLON 2021	128	Mr	Matthew	Cumberlidge
BALA STANDARD TRIATHLON 2021	129	Miss	Kate	Curran
BALA STANDARD TRIATHLON 2021	130	Miss	kate	curran
BALA STANDARD TRIATHLON 2021	131	Mr	kevin	curran
BALA STANDARD TRIATHLON 2021	132	Dr	Mared	Dafydd
BALA STANDARD TRIATHLON 2021	133	Mr	Steffan	Dafydd Jones
BALA STANDARD TRIATHLON 2021	134	Mr	Tony	Dally
BALA STANDARD TRIATHLON 2021	135	Mr	Euan	Daly
BALA STANDARD TRIATHLON 2021	136	Mr	Chad	Davies
BALA STANDARD TRIATHLON 2021	137	Mr	Chad	Davies
BALA STANDARD TRIATHLON 2021	138	Mr	Daniel	Davies
BALA STANDARD TRIATHLON 2021	139	Mrs	Eleanor	Davies
BALA STANDARD TRIATHLON 2021	140	Mr	Gary	Davies
BALA STANDARD TRIATHLON 2021	141	Mr	Iwan	Davies
BALA STANDARD TRIATHLON 2021	142	Mr	James	Davies
BALA STANDARD TRIATHLON 2021	143	Miss	Janet	Davies
BALA STANDARD TRIATHLON 2021	144	Mrs	Jessica	Davies
BALA STANDARD TRIATHLON 2021	145	Mr	Jonathan	Davies
BALA STANDARD TRIATHLON 2021	146	Mr	Jonathan	Davies
BALA STANDARD TRIATHLON 2021	147	Miss	Mabli	Davies
BALA STANDARD TRIATHLON 2021	148	Mr	Mark	Davies
BALA STANDARD TRIATHLON 2021	149	Mr	Martin	Davies
BALA STANDARD TRIATHLON 2021	150	Mr	Steve	Davison
BALA STANDARD TRIATHLON 2021	151	Mr	Andrew	Dawson
BALA STANDARD TRIATHLON 2021	152	Mrs	Julietta	Dawson
BALA STANDARD TRIATHLON 2021	153	Mr	Kevin	Dean
BALA STANDARD TRIATHLON 2021	154	Mr	Nico	Decourt
BALA STANDARD TRIATHLON 2021	155	Mr	Anthony	Denny
BALA STANDARD TRIATHLON 2021	156	Ms	Olivia	Devine
BALA STANDARD TRIATHLON 2021	157	Mr	Brian	Diggle

BALA STANDARD TRIATHLON 2021	158	Ms	Annabel	Doran
BALA STANDARD TRIATHLON 2021	159	Mrs	Elly	Downing
BALA STANDARD TRIATHLON 2021	160	Mr	Rob	Doyle
BALA STANDARD TRIATHLON 2021	161	Mrs	Sian	Doyle
BALA STANDARD TRIATHLON 2021	162	Mr	FRANCIS	DREW
BALA STANDARD TRIATHLON 2021	163	Mrs	Elizabeth	Driscoll
BALA STANDARD TRIATHLON 2021	164	Mr	Timur	Dsouza
BALA STANDARD TRIATHLON 2021	165	Mr	Dafydd	Duggan
BALA STANDARD TRIATHLON 2021	166	Mr	Keith	Dunham
BALA STANDARD TRIATHLON 2021	167	Miss	Ruby	Dunn
BALA STANDARD TRIATHLON 2021	168	Mr	Ellis	Dunning
BALA STANDARD TRIATHLON 2021	169	Mr	Jamie	Dunning
BALA STANDARD TRIATHLON 2021	170	Mr	Ben	Eastham
BALA STANDARD TRIATHLON 2021	171	Ms	Judi	Ebbrell
BALA STANDARD TRIATHLON 2021	172	Mr	Guto	Edwards
BALA STANDARD TRIATHLON 2021	173	Mrs	Kerry	Edwards
BALA STANDARD TRIATHLON 2021	174	Dr	Laura	Edwards
BALA STANDARD TRIATHLON 2021	175	Mr	Sam	Edwards
BALA STANDARD TRIATHLON 2021	176	Mr	Tom	Edwards
BALA STANDARD TRIATHLON 2021	177	Miss	Siwan	Elenid
BALA STANDARD TRIATHLON 2021	178	Mr	David	Elgar
BALA STANDARD TRIATHLON 2021	179	Mr	Dan	Elliot
BALA STANDARD TRIATHLON 2021	180	Dr	sianedd	elliott
BALA STANDARD TRIATHLON 2021	181	Mr	Simon	Elliott
BALA STANDARD TRIATHLON 2021	182	Mrs	Laura	Ellis
BALA STANDARD TRIATHLON 2021	183	Mr	Marcus	Ellis
BALA STANDARD TRIATHLON 2021	184	Mr	Andrew	Ellwood
BALA STANDARD TRIATHLON 2021	185	Miss	Melissa	Emerson
BALA STANDARD TRIATHLON 2021	187	Mr	Christopher	Enwright
BALA STANDARD TRIATHLON 2021	188	Mr	nick	erickson
BALA STANDARD TRIATHLON 2021	189	Mr	Alireza	Esfandiari
BALA STANDARD TRIATHLON 2021	190	Mr	Cellan	Evans
BALA STANDARD TRIATHLON 2021	191	Mr	Dylan	Evans
BALA STANDARD TRIATHLON 2021	192	Dr	Huw	Evans
BALA STANDARD TRIATHLON 2021	193	Mr	Jac	Evans
BALA STANDARD TRIATHLON 2021	194	Mr	Mark	Evans
BALA STANDARD TRIATHLON 2021	195	Mr	Owen	Evans
BALA STANDARD TRIATHLON 2021	196	Mr	Patrick	Evans
BALA STANDARD TRIATHLON 2021	197	Mr	Ryan	Evans
BALA STANDARD TRIATHLON 2021	198	Mr	Sam	Evans
BALA STANDARD TRIATHLON 2021	199	Miss	Sanant	Evans
BALA STANDARD TRIATHLON 2021	200	Miss	Sian	Evans
BALA STANDARD TRIATHLON 2021	201	Mrs	Jade	Evans-Scott
BALA STANDARD TRIATHLON 2021	202	Mrs	Melissa	Everley
BALA STANDARD TRIATHLON 2021	203	Miss	Laura	Fairhurst
BALA STANDARD TRIATHLON 2021	204	Mr	Grant	Falconer
BALA STANDARD TRIATHLON 2021	205	Mr	James	Farthing
BALA STANDARD TRIATHLON 2021	206	Mr	Jonny	Fearis
BALA STANDARD TRIATHLON 2021	207	Mr	Wayne	Ferguson
BALA STANDARD TRIATHLON 2021	208	Mr	Alan	Field
BALA STANDARD TRIATHLON 2021	209	Miss	Katie	Fielding
BALA STANDARD TRIATHLON 2021	210	Mr	James	Fisher-Jones
BALA STANDARD TRIATHLON 2021	211	Mr	Jonathan	Fisher-Jones

BALA STANDARD TRIATHLON 2021	212	Mr	Nigel	Fishwick
BALA STANDARD TRIATHLON 2021	213	Mr	Nick	Fleet
BALA STANDARD TRIATHLON 2021	214	Miss	Emily	Forbes
BALA STANDARD TRIATHLON 2021	215	Mrs	Clare	Foreman
BALA STANDARD TRIATHLON 2021	216	Mr	Dan	Forrester
BALA STANDARD TRIATHLON 2021	217	Mr	Tony	Forster
BALA STANDARD TRIATHLON 2021	218	Mr	Mike	Foster
BALA STANDARD TRIATHLON 2021	219	Mr	Tomos	Foulkes
BALA STANDARD TRIATHLON 2021	220	Miss	Rachael	Frain
BALA STANDARD TRIATHLON 2021	221	Miss	Shannon	Franklin
BALA STANDARD TRIATHLON 2021	222	Dr	Ken	Gale
BALA STANDARD TRIATHLON 2021	223	Mr	Carlo	Galeotti
BALA STANDARD TRIATHLON 2021	224	Mrs	Sarah	Gallacher
BALA STANDARD TRIATHLON 2021	225	Mr	David	Gardiner
BALA STANDARD TRIATHLON 2021	226	Mr	Jordan	Gardiner
BALA STANDARD TRIATHLON 2021	227	Mr	Ian	Gardner
BALA STANDARD TRIATHLON 2021	228	Mr	Philip	Gartell
BALA STANDARD TRIATHLON 2021	229	Mr	Dave	Gaskell
BALA STANDARD TRIATHLON 2021	230	Mr	Nino	gatti
BALA STANDARD TRIATHLON 2021	231	Mr	Marc	Geary
BALA STANDARD TRIATHLON 2021	232	Mr	James	Geekie
BALA STANDARD TRIATHLON 2021	233	Mr	chris	gibbs
BALA STANDARD TRIATHLON 2021	234	Mr	Huw	Gibbs
BALA STANDARD TRIATHLON 2021	235	Miss	Kirsty	Gibbs
BALA STANDARD TRIATHLON 2021	236	Mr	Robert	Gibsonjones
BALA STANDARD TRIATHLON 2021	237	Miss	Andrea	Giles
BALA STANDARD TRIATHLON 2021	238	Mr	David	Gilkes
BALA STANDARD TRIATHLON 2021	239	Mr	Adrian	Gilleard
BALA STANDARD TRIATHLON 2021	240	Mr	David	Gillon
BALA STANDARD TRIATHLON 2021	241	Mr	Danny	Glover
BALA STANDARD TRIATHLON 2021	242	Mr	Lee	Glover
BALA STANDARD TRIATHLON 2021	243	Mr	Chris	goddard
BALA STANDARD TRIATHLON 2021	244	Mr	Jamie	Goffin
BALA STANDARD TRIATHLON 2021	245	Ms	Elizabeth A	Goodaire
BALA STANDARD TRIATHLON 2021	246	Ms	Jessica A	Goodaire
BALA STANDARD TRIATHLON 2021	247	Mr	Marc	Goodman
BALA STANDARD TRIATHLON 2021	248	Mr	Joshua	Goolden
BALA STANDARD TRIATHLON 2021	249	Ms	Kim	Goss
BALA STANDARD TRIATHLON 2021	250	Mr	Stefan	Grady
BALA STANDARD TRIATHLON 2021	251	Mr	Matt	Grantham
BALA STANDARD TRIATHLON 2021	252	Miss	Mary Jayne	Granville
BALA STANDARD TRIATHLON 2021	253	Miss	Mary-jayne	Granville
BALA STANDARD TRIATHLON 2021	254	Mr	William	Greaves
BALA STANDARD TRIATHLON 2021	255	Mr	Kalvin	Green
BALA STANDARD TRIATHLON 2021	256	Mr	Iain	Greig
BALA STANDARD TRIATHLON 2021	257	Mr	Dan	Griffiths
BALA STANDARD TRIATHLON 2021	258	Mr	david	griffiths
BALA STANDARD TRIATHLON 2021	259	Mr	Dilwyn	Griffiths
BALA STANDARD TRIATHLON 2021	260	Ms	Sian	Griffiths
BALA STANDARD TRIATHLON 2021	261	Mr	Barrie	Grimshaw
BALA STANDARD TRIATHLON 2021	262	Mrs	Cheryl	Grindell
BALA STANDARD TRIATHLON 2021	263	Mr	ALISTAIR	HADNETT
BALA STANDARD TRIATHLON 2021	264	Mr	Howard	Hagan

BALA STANDARD TRIATHLON 2021	265	Mr	Ryan	Hall
BALA STANDARD TRIATHLON 2021	266	Mrs	Bethany	Hallam
BALA STANDARD TRIATHLON 2021	267	Mr	Sam	Hallam
BALA STANDARD TRIATHLON 2021	268	Mr	Dean	Hamilton
BALA STANDARD TRIATHLON 2021	269	Mr	Will	Hamilton
BALA STANDARD TRIATHLON 2021	270	Mr	Phillip	Hampshire
BALA STANDARD TRIATHLON 2021	271	Mr	James	Hampson
BALA STANDARD TRIATHLON 2021	272	Mr	ray	handley
BALA STANDARD TRIATHLON 2021	273	Miss	Cecilia	Harman
BALA STANDARD TRIATHLON 2021	274	Mr	craig	harper
BALA STANDARD TRIATHLON 2021	275	Mr	Nathan	Harper
BALA STANDARD TRIATHLON 2021	276	Mr	James	Harries
BALA STANDARD TRIATHLON 2021	277	Mr	Rhys	Harries
BALA STANDARD TRIATHLON 2021	278	Mr	Malcolm	Harrison
BALA STANDARD TRIATHLON 2021	279	Mr	Peter	Harrison
BALA STANDARD TRIATHLON 2021	280	Mrs	Sarah	Harrison
BALA STANDARD TRIATHLON 2021	281	Mr	Guy	Hart
BALA STANDARD TRIATHLON 2021	282	Miss	Charlotte	Hartley
BALA STANDARD TRIATHLON 2021	283	Mr	Daniel	Haworth
BALA STANDARD TRIATHLON 2021	284	Mr	mike	Hayden
BALA STANDARD TRIATHLON 2021	285	Mrs	Alexandra	Hazzlewood
BALA STANDARD TRIATHLON 2021	286	Mr	Callum	Healey
BALA STANDARD TRIATHLON 2021	287	Mrs	Donna	Heath
BALA STANDARD TRIATHLON 2021	288	Miss	Fran	Heathcote
BALA STANDARD TRIATHLON 2021	289	Mr	Max	Hendy
BALA STANDARD TRIATHLON 2021	290	Mr	Aaron	Hepworth
BALA STANDARD TRIATHLON 2021	291	Mr	Andrew	Herd
BALA STANDARD TRIATHLON 2021	292	Mr	Peter	Heron
BALA STANDARD TRIATHLON 2021	293	Mr	john	hicklin
BALA STANDARD TRIATHLON 2021	294	Mrs	Janet	Higgins
BALA STANDARD TRIATHLON 2021	295	Mr	michael	higgins
BALA STANDARD TRIATHLON 2021	296	Mr	Colin	Hill
BALA STANDARD TRIATHLON 2021	297	Mr	David	Hill
BALA STANDARD TRIATHLON 2021	298	Miss	Jessica	Hill
BALA STANDARD TRIATHLON 2021	299	Mrs	Vicky	Hinstridge
BALA STANDARD TRIATHLON 2021	300	Mr	Peter	Hitchen
BALA STANDARD TRIATHLON 2021	301	Mrs	Zoe	Hobbs
BALA STANDARD TRIATHLON 2021	302	Mrs	Beth	Hobson
BALA STANDARD TRIATHLON 2021	303	Mr	Martin	Hodder
BALA STANDARD TRIATHLON 2021	304	Mr	Jonathan	Holden
BALA STANDARD TRIATHLON 2021	305	Mrs	rebecca	holland
BALA STANDARD TRIATHLON 2021	306	Mr	Terry	Holland
BALA STANDARD TRIATHLON 2021	307	Dr	Sian	Hollins
BALA STANDARD TRIATHLON 2021	308	Mr	Ian	Hollis
BALA STANDARD TRIATHLON 2021	309	Miss	Abbie	Holyoake
BALA STANDARD TRIATHLON 2021	310	Mrs	Fiona	Hopkins
BALA STANDARD TRIATHLON 2021	311	Miss	Sherrie	Hopkins
BALA STANDARD TRIATHLON 2021	312	Mr	Adam	Horrocks
BALA STANDARD TRIATHLON 2021	313	Mr	Ross	Hosking
BALA STANDARD TRIATHLON 2021	314	Mr	Brian	Hosty
BALA STANDARD TRIATHLON 2021	315	Mr	Lewis	Houghton
BALA STANDARD TRIATHLON 2021	316	Mrs	James	Hounsell
BALA STANDARD TRIATHLON 2021	317	Mr	Keith	Howard

BALA STANDARD TRIATHLON 2021	319	Mr	Andy	Hughes
BALA STANDARD TRIATHLON 2021	320	Mr	Andrew	Brazier
BALA STANDARD TRIATHLON 2021	321	Mr	Gary	Hughes
BALA STANDARD TRIATHLON 2021	322	Ms	Jayne	Hughes
BALA STANDARD TRIATHLON 2021	323	Mrs	Johannah	Hughes
BALA STANDARD TRIATHLON 2021	324	Mr	John	Hughes
BALA STANDARD TRIATHLON 2021	325	Mr	Andrew	Hugman
BALA STANDARD TRIATHLON 2021	326	Mr	Suka	Huhtala
BALA STANDARD TRIATHLON 2021	327	Mr	Neil	Hunt
BALA STANDARD TRIATHLON 2021	328	Mr	Bradley	Hunter
BALA STANDARD TRIATHLON 2021	329	Mr	David	Hunter
BALA STANDARD TRIATHLON 2021	330	Mr	Adrian	Hurley
BALA STANDARD TRIATHLON 2021	331	Mr	Dan	Hurst
BALA STANDARD TRIATHLON 2021	332	Mr	Ian	Hurst
BALA STANDARD TRIATHLON 2021	333	Ms	sharon	Hurst
BALA STANDARD TRIATHLON 2021	334	Mr	Mick	Hutchins
BALA STANDARD TRIATHLON 2021	335	Mr	Stephen	Huxley
BALA STANDARD TRIATHLON 2021	336	Miss	Cleo	Jackson
BALA STANDARD TRIATHLON 2021	337	Mr	Daniel	Jackson
BALA STANDARD TRIATHLON 2021	338	Mr	Paul	Jacob
BALA STANDARD TRIATHLON 2021	339	Mrs	Charlotte	Jaggard
BALA STANDARD TRIATHLON 2021	340	Mr	Kieran	James
BALA STANDARD TRIATHLON 2021	341	Mr	Mark	James
BALA STANDARD TRIATHLON 2021	342	Mr	Darren	Jarman
BALA STANDARD TRIATHLON 2021	343	Miss	Martine	Jarman
BALA STANDARD TRIATHLON 2021	344	Mr	Andrew	Jenks
BALA STANDARD TRIATHLON 2021	345	Mr	Peter	Jervis
BALA STANDARD TRIATHLON 2021	346	Mrs	louise	Johnson
BALA STANDARD TRIATHLON 2021	347	Mr	Peter	Johnson
BALA STANDARD TRIATHLON 2021	348	Mr	Philip	Johnson
BALA STANDARD TRIATHLON 2021	349	Mr	Lewis	Johnston
BALA STANDARD TRIATHLON 2021	350	Mr	Oscar	Johnstone
BALA STANDARD TRIATHLON 2021	351	Mr	Paul	Johnstone
BALA STANDARD TRIATHLON 2021	352	Mr	Peter	Johnstone
BALA STANDARD TRIATHLON 2021	353	Ms	Sue	Jolly
BALA STANDARD TRIATHLON 2021	354	Mrs	Awel	Jones
BALA STANDARD TRIATHLON 2021	355	Mr	Connor	Jones
BALA STANDARD TRIATHLON 2021	356	Mr	Darran	Jones
BALA STANDARD TRIATHLON 2021	357	Mrs	Debs M	Jones
BALA STANDARD TRIATHLON 2021	358	Mr	Elgan	Jones
BALA STANDARD TRIATHLON 2021	359	Mr	Gareth	Jones
BALA STANDARD TRIATHLON 2021	360	Mr	Garry	Jones
BALA STANDARD TRIATHLON 2021	361	Mr	Geraint	Jones
BALA STANDARD TRIATHLON 2021	363	Mr	Huw	Jones
BALA STANDARD TRIATHLON 2021	364	Mr	Huw	Jones
BALA STANDARD TRIATHLON 2021	365	Mr	Ian	Jones
BALA STANDARD TRIATHLON 2021	366	Mr	Iwan	Jones
BALA STANDARD TRIATHLON 2021	367	Mr	John	Jones
BALA STANDARD TRIATHLON 2021	368	Mrs	Lisa	Jones
BALA STANDARD TRIATHLON 2021	369	Mr	Luke	Jones
BALA STANDARD TRIATHLON 2021	370	Mr	Mike	Jones
BALA STANDARD TRIATHLON 2021	371	Mr	Nick	Jones
BALA STANDARD TRIATHLON 2021	372	Miss	Rachel	Jones

BALA STANDARD TRIATHLON 2021	373	Mrs	Rhian	Jones
BALA STANDARD TRIATHLON 2021	374	Mr	Rhys	Jones
BALA STANDARD TRIATHLON 2021	375	Mr	Sam	Jones
BALA STANDARD TRIATHLON 2021	376	Mr	Sasha	Jones
BALA STANDARD TRIATHLON 2021	377	Mr	Steve	Jones
BALA STANDARD TRIATHLON 2021	378	Mr	Jason	Jones Williams
BALA STANDARD TRIATHLON 2021	379	Mr	Christopher	Jones-Blunt
BALA STANDARD TRIATHLON 2021	380	Mr	Martin	Kaye
BALA STANDARD TRIATHLON 2021	381	Miss	Lili	Keau
BALA STANDARD TRIATHLON 2021	382	Mr	Thomas	Keegan
BALA STANDARD TRIATHLON 2021	383	Miss	Leonie	Keeling
BALA STANDARD TRIATHLON 2021	384	Mr	E	Kelly
BALA STANDARD TRIATHLON 2021	385	Mr	Graeme	Kelly
BALA STANDARD TRIATHLON 2021	386	Mrs	Nicola	Kelting
BALA STANDARD TRIATHLON 2021	387	Miss	Claire	Kennedy
BALA STANDARD TRIATHLON 2021	388	Mr	Tom	Kennedy
BALA STANDARD TRIATHLON 2021	389	Mr	Tim	Kermode
BALA STANDARD TRIATHLON 2021	390	Dr	Peter	King
BALA STANDARD TRIATHLON 2021	391	Mr	Jack	Kippen
BALA STANDARD TRIATHLON 2021	392	Mr	Nigel	Kirk
BALA STANDARD TRIATHLON 2021	393	Mrs	Fran	Knight
BALA STANDARD TRIATHLON 2021	394	Mr	Mark	Krassowski
BALA STANDARD TRIATHLON 2021	395	Mr	Craig	Kyte
BALA STANDARD TRIATHLON 2021	396	Dr	Tamsin	Lacaster
BALA STANDARD TRIATHLON 2021	397	Mr	Geraint	Laidlaw-Wilson
BALA STANDARD TRIATHLON 2021	398	Miss	Emma	Lally
BALA STANDARD TRIATHLON 2021	399	Mr	Adam	Lamb
BALA STANDARD TRIATHLON 2021	400	Miss	Hannah	Lambert
BALA STANDARD TRIATHLON 2021	401	Mr	Thomas	Lancaster
BALA STANDARD TRIATHLON 2021	402	Mr	Calum	Langan
BALA STANDARD TRIATHLON 2021	403	Miss	Kate	Langley
BALA STANDARD TRIATHLON 2021	404	Mr	Sam	Larby
BALA STANDARD TRIATHLON 2021	405	Mr	Craig	Large
BALA STANDARD TRIATHLON 2021	406	Mr	Dave	Latham
BALA STANDARD TRIATHLON 2021	407	Mr	Matthew	Latham
BALA STANDARD TRIATHLON 2021	408	Mrs	Carla	Lauder
BALA STANDARD TRIATHLON 2021	409	Mrs	Carla	Lauder
BALA STANDARD TRIATHLON 2021	410	Mr	Andrew	Law
BALA STANDARD TRIATHLON 2021	411	Mr	thomas	lawrence
BALA STANDARD TRIATHLON 2021	412	Mr	Gavin	Lawrenson
BALA STANDARD TRIATHLON 2021	413	Dr	David	Lazarus
BALA STANDARD TRIATHLON 2021	414	Miss	Hannah	Lazarus
BALA STANDARD TRIATHLON 2021	415	Mrs	AnnMarie	Lee
BALA STANDARD TRIATHLON 2021	416	Mr	Colin	Lee
BALA STANDARD TRIATHLON 2021	417	Mrs	Laura	Lee
BALA STANDARD TRIATHLON 2021	418	Mr	Gareth	Leeke
BALA STANDARD TRIATHLON 2021	419	Mr	Nick	Leeming
BALA STANDARD TRIATHLON 2021	420	Miss	Julie	Lees
BALA STANDARD TRIATHLON 2021	421	Mr	Andrew	Lewis
BALA STANDARD TRIATHLON 2021	422	Miss	Angharad	Lewis
BALA STANDARD TRIATHLON 2021	423	Mr	Benjamin	Lewis
BALA STANDARD TRIATHLON 2021	424	Mr	Stephen	Lipscombe
BALA STANDARD TRIATHLON 2021	425	Mr	Neil	littler



BALA STANDARD TRIATHLON 2021	426	Miss	Rosie	Littler
BALA STANDARD TRIATHLON 2021	427	Mr	David	Lloyd
BALA STANDARD TRIATHLON 2021	428	Mrs	Sarah	Lockwood
BALA STANDARD TRIATHLON 2021	429	Miss	Katie	Lockyer
BALA STANDARD TRIATHLON 2021	430	Miss	Natalie	Longariello
BALA STANDARD TRIATHLON 2021	431	Mr	Rob	Longworth
BALA STANDARD TRIATHLON 2021	432	Mr	THOMAS	LONGWORTH
BALA STANDARD TRIATHLON 2021	433	Mrs	Sarah	Lowe
BALA STANDARD TRIATHLON 2021	434	Mrs	Jacqui	Loxam
BALA STANDARD TRIATHLON 2021	435	Mr	Mike	Lunn
BALA STANDARD TRIATHLON 2021	436	Mr	TIM	Lunn
BALA STANDARD TRIATHLON 2021	437	Miss	Laura	Macey
BALA STANDARD TRIATHLON 2021	438	Mr	Neil	Macfie
BALA STANDARD TRIATHLON 2021	439	Mr	Gerard	Mack
BALA STANDARD TRIATHLON 2021	440	Mr	Jock	Mackay
BALA STANDARD TRIATHLON 2021	441	Ms	Alice	Mackie
BALA STANDARD TRIATHLON 2021	442	Mr	Daniel	Madden
BALA STANDARD TRIATHLON 2021	443	Mr	Gary	Maddock
BALA STANDARD TRIATHLON 2021	444	Mr	John	Mainwaring
BALA STANDARD TRIATHLON 2021	445	Mr	Pawel	Makles
BALA STANDARD TRIATHLON 2021	446	Mr	Paul	Mallanaphy
BALA STANDARD TRIATHLON 2021	447	Dr	Christian	Manby
BALA STANDARD TRIATHLON 2021	448	Mr	Simon	Marco
BALA STANDARD TRIATHLON 2021	449	Miss	Catherine	Marks
BALA STANDARD TRIATHLON 2021	450	Mrs	Sarah	marriott
BALA STANDARD TRIATHLON 2021	451	Mr	Danny	Martin
BALA STANDARD TRIATHLON 2021	452	Mr	Graham	Martin
BALA STANDARD TRIATHLON 2021	453	Mr	george	martindale
BALA STANDARD TRIATHLON 2021	454	Mr	Mike	Mason
BALA STANDARD TRIATHLON 2021	455	Mr	Myles	Mason
BALA STANDARD TRIATHLON 2021	456	Miss	Sarah	Massey
BALA STANDARD TRIATHLON 2021	457	Mr	Robert	Maughan
BALA STANDARD TRIATHLON 2021	458	Mr	Tom	Maurice-Jones
BALA STANDARD TRIATHLON 2021	459	Mrs	Rachel	McCabe
BALA STANDARD TRIATHLON 2021	460	Mr	ian	mccarthy
BALA STANDARD TRIATHLON 2021	461	Mr	ian	mccarthy
BALA STANDARD TRIATHLON 2021	462	Mr	ian	mccarthy
BALA STANDARD TRIATHLON 2021	463	Mr	Andy	Mcdonld
BALA STANDARD TRIATHLON 2021	464	Mr	Andy	Mcginty
BALA STANDARD TRIATHLON 2021	465	Mrs	Liz	McIndoe
BALA STANDARD TRIATHLON 2021	466	Mrs	Natasha	Mclaren
BALA STANDARD TRIATHLON 2021	467	Mrs	Ilona	McNeil
BALA STANDARD TRIATHLON 2021	468	Mr	Jonathan	Meek
BALA STANDARD TRIATHLON 2021	469	Mr	Shaun	Meese
BALA STANDARD TRIATHLON 2021	470	Mr	James	Melling
BALA STANDARD TRIATHLON 2021	471	Miss	Sophie	Mennell
BALA STANDARD TRIATHLON 2021	472	Mr	Richard	Merrifield
BALA STANDARD TRIATHLON 2021	473	Mr	Peter	Merry
BALA STANDARD TRIATHLON 2021	474	Mr	Tobias	Miller
BALA STANDARD TRIATHLON 2021	475	Mr	David	Millican
BALA STANDARD TRIATHLON 2021	476	Miss	Hayley	millman
BALA STANDARD TRIATHLON 2021	477	Mr	Steven	Milsom
BALA STANDARD TRIATHLON 2021	478	Dr	James	Mitchell

BALA STANDARD TRIATHLON 2021	479	Miss	Jane	Mitchell
BALA STANDARD TRIATHLON 2021	480	Mr	Paul	Mitchell
BALA STANDARD TRIATHLON 2021	481	Mrs	Emma	Moore
BALA STANDARD TRIATHLON 2021	482	Mr	Nigel	Moore
BALA STANDARD TRIATHLON 2021	483	Mr	Huw	Morgan
BALA STANDARD TRIATHLON 2021	484	Mr	Peter	Morgan
BALA STANDARD TRIATHLON 2021	485	Mr	Spencer	Morgan
BALA STANDARD TRIATHLON 2021	486	Mr	Tom	Morgan
BALA STANDARD TRIATHLON 2021	487	Mr	Adrian	Morley
BALA STANDARD TRIATHLON 2021	488	Mr	Isaac	Morrison
BALA STANDARD TRIATHLON 2021	489	Mr	Andrew	Morrissey
BALA STANDARD TRIATHLON 2021	490	Mr	Dafydd	Morse
BALA STANDARD TRIATHLON 2021	491	Miss	Victoria	Mottershead
BALA STANDARD TRIATHLON 2021	492	Mr	Jack	Mountney
BALA STANDARD TRIATHLON 2021	493	Mr	Fergus	muller
BALA STANDARD TRIATHLON 2021	494	Mr	Peter	Munday
BALA STANDARD TRIATHLON 2021	495	Dr	Helen	Munro
BALA STANDARD TRIATHLON 2021	496	Mr	Joe	Murphy
BALA STANDARD TRIATHLON 2021	497	Mr	Sam	Murphy
BALA STANDARD TRIATHLON 2021	498	Mr	simon	myerscough
BALA STANDARD TRIATHLON 2021	499	Mr	Paul	Naylor
BALA STANDARD TRIATHLON 2021	500	Miss	Miriam	Newman
BALA STANDARD TRIATHLON 2021	501	Dr	Carys	Newton
BALA STANDARD TRIATHLON 2021	502	Mrs	Anna	Nicholls
BALA STANDARD TRIATHLON 2021	503	Mr	John	Nicholls
BALA STANDARD TRIATHLON 2021	504	Mr	Brent	Nile
BALA STANDARD TRIATHLON 2021	505	Mr	Paul	NOLAN
BALA STANDARD TRIATHLON 2021	506	Mr	Ian	O'Kane
BALA STANDARD TRIATHLON 2021	507	Mr	Neil	Oakes
BALA STANDARD TRIATHLON 2021	508	Mr	Matt	Ogden
BALA STANDARD TRIATHLON 2021	509	Miss	Faye	OHalloran
BALA STANDARD TRIATHLON 2021	510	Mr	Ian	Oliver
BALA STANDARD TRIATHLON 2021	511	Dr	Elizabeth	OMahony
BALA STANDARD TRIATHLON 2021	512	Miss	Rachel	Orton
BALA STANDARD TRIATHLON 2021	513	Mrs	Gail	Osborne
BALA STANDARD TRIATHLON 2021	514	Miss	Caitlin	Owen
BALA STANDARD TRIATHLON 2021	515	Mr	Merf	Jones
BALA STANDARD TRIATHLON 2021	516	Mr	Gary	owen
BALA STANDARD TRIATHLON 2021	517	Mr	Geraint	Owen
BALA STANDARD TRIATHLON 2021	518	Mr	Stephen	Owen
BALA STANDARD TRIATHLON 2021	519	Mr	Steven	Owen
BALA STANDARD TRIATHLON 2021	520	Mr	Tomos	Owen
BALA STANDARD TRIATHLON 2021	521	Mr	Michael	Oxton
BALA STANDARD TRIATHLON 2021	522	Mr	Ben	Palentine
BALA STANDARD TRIATHLON 2021	523	Dr	Ellen	Palmer
BALA STANDARD TRIATHLON 2021	524	Mr	Matthew	Palmer
BALA STANDARD TRIATHLON 2021	525	Mr	Matthew	Palmer
BALA STANDARD TRIATHLON 2021	526	Mr	Robert	Palmer
BALA STANDARD TRIATHLON 2021	527	Mr	Raj	Paranandi
BALA STANDARD TRIATHLON 2021	528	Mr	Antony	Parker
BALA STANDARD TRIATHLON 2021	529	Mrs	Jess	Parslow
BALA STANDARD TRIATHLON 2021	530	Mr	Stephen	Peacock
BALA STANDARD TRIATHLON 2021	531	Mr	David	Peckham

BALA STANDARD TRIATHLON 2021	532	Mr	Matthew	Pemrick
BALA STANDARD TRIATHLON 2021	533	Mr	Iain	Pennington
BALA STANDARD TRIATHLON 2021	534	Mr	Calvin	Perchard
BALA STANDARD TRIATHLON 2021	535	Mr	Huw	Percival
BALA STANDARD TRIATHLON 2021	536	Mrs	Alison	Perrins
BALA STANDARD TRIATHLON 2021	537	Mr	Jack	Perry
BALA STANDARD TRIATHLON 2021	538	Mr	James	Peters
BALA STANDARD TRIATHLON 2021	539	Mrs	Joanne	Peters
BALA STANDARD TRIATHLON 2021	540	Mr	Mark	Pevitt
BALA STANDARD TRIATHLON 2021	541	Mr	Marc	Phillips
BALA STANDARD TRIATHLON 2021	542	Mr	Rich	Phillips
BALA STANDARD TRIATHLON 2021	543	Mr	Lee	Pickering
BALA STANDARD TRIATHLON 2021	544	Mr	Ryan	Pike
BALA STANDARD TRIATHLON 2021	545	Mr	Chris	Pilgrim
BALA STANDARD TRIATHLON 2021	546	Mr	Alex	Pill
BALA STANDARD TRIATHLON 2021	547	Mr	Alan	Porter
BALA STANDARD TRIATHLON 2021	548	Mrs	Lisa	Preece
BALA STANDARD TRIATHLON 2021	549	Mrs	Caroline	Prentice
BALA STANDARD TRIATHLON 2021	550	Mrs	Carriann	Price
BALA STANDARD TRIATHLON 2021	551	Mr	Mark	Price
BALA STANDARD TRIATHLON 2021	552	Mrs	Sarah	Priest
BALA STANDARD TRIATHLON 2021	553	Mr	Nathan	Procter
BALA STANDARD TRIATHLON 2021	554	Mr	Nathan	Procter
BALA STANDARD TRIATHLON 2021	555	Mr	Josh	Prosdocimi
BALA STANDARD TRIATHLON 2021	556	Miss	Laura	Rainsford
BALA STANDARD TRIATHLON 2021	557	Mr	Sam	Rathbone
BALA STANDARD TRIATHLON 2021	558	Ms	Anne	Redshaw
BALA STANDARD TRIATHLON 2021	559	Mr	Simon	Redshaw
BALA STANDARD TRIATHLON 2021	560	Mr	Aran	Rees
BALA STANDARD TRIATHLON 2021	561	Mr	Robert	Rees
BALA STANDARD TRIATHLON 2021	562	Mr	John	Regan
BALA STANDARD TRIATHLON 2021	563	Mrs	Amanda	Reid
BALA STANDARD TRIATHLON 2021	564	Dr	Sandra	Renga
BALA STANDARD TRIATHLON 2021	565	Mrs	Helen	Reynolds
BALA STANDARD TRIATHLON 2021	566	Ms	Alice	Rhodes
BALA STANDARD TRIATHLON 2021	567	Miss	Rachael	Rhodes
BALA STANDARD TRIATHLON 2021	568	Mrs	Jane Anne	Richards
BALA STANDARD TRIATHLON 2021	569	Mr	John	Richards
BALA STANDARD TRIATHLON 2021	570	Mr	Kevin	Richards
BALA STANDARD TRIATHLON 2021	571	Mr	Will	Richardson
BALA STANDARD TRIATHLON 2021	572	Mr	Jordan	Riley
BALA STANDARD TRIATHLON 2021	573	Mr	Bri	Rimmer
BALA STANDARD TRIATHLON 2021	574	Miss	Alice	Roberts
BALA STANDARD TRIATHLON 2021	575	Ms	Christine	Roberts
BALA STANDARD TRIATHLON 2021	576	Mr	Dewi Rhys	Roberts
BALA STANDARD TRIATHLON 2021	577	Mr	Emyr	Roberts
BALA STANDARD TRIATHLON 2021	578	Mrs	Helen	Roberts
BALA STANDARD TRIATHLON 2021	579	Mr	Lucas	Roberts
BALA STANDARD TRIATHLON 2021	580	Mrs	Rebecca	Roberts
BALA STANDARD TRIATHLON 2021	581	Mr	Jamie	Robertshaw
BALA STANDARD TRIATHLON 2021	582	Mrs	Deborah	Robinson
BALA STANDARD TRIATHLON 2021	583	Miss	Ellie	Robinson
BALA STANDARD TRIATHLON 2021	584	Dr	Gemma	Robinson

BALA STANDARD TRIATHLON 2021	585	Mr	Simon	Robinson
BALA STANDARD TRIATHLON 2021	586	Mr	Chris	Roe
BALA STANDARD TRIATHLON 2021	587	Mr	Alex	Rolls
BALA STANDARD TRIATHLON 2021	588	Mr	Simon	Romei
BALA STANDARD TRIATHLON 2021	589	Dr	Joanna	Rooney
BALA STANDARD TRIATHLON 2021	590	Mr	Alex	Rowlands
BALA STANDARD TRIATHLON 2021	591	Mr	Stephen	Rowlands
BALA STANDARD TRIATHLON 2021	592	Mr	Thomas	Rowlands
BALA STANDARD TRIATHLON 2021	593	Mrs	Rhian	Roxburgh
BALA STANDARD TRIATHLON 2021	594	Sir	Simon	Roxburgh
BALA STANDARD TRIATHLON 2021	595	Mr	Gavin	Russell
BALA STANDARD TRIATHLON 2021	596	Mr	Paul	Rust
BALA STANDARD TRIATHLON 2021	597	Mr	Henry	Salisbury
BALA STANDARD TRIATHLON 2021	598	Mr	Paul	Sanders
BALA STANDARD TRIATHLON 2021	599	Mrs	Emer	Sandham
BALA STANDARD TRIATHLON 2021	600	Mr	Jonathan	Santer
BALA STANDARD TRIATHLON 2021	601	Mr	Georg	Schirmer
BALA STANDARD TRIATHLON 2021	602	Mr	Daniel	Scott
BALA STANDARD TRIATHLON 2021	603	Mr	Ged	Scott
BALA STANDARD TRIATHLON 2021	604	Mr	Duncan	Senior
BALA STANDARD TRIATHLON 2021	605	Mr	Paul	Sewell
BALA STANDARD TRIATHLON 2021	606	Mr	Jonathon	Seymour
BALA STANDARD TRIATHLON 2021	607	Dr	Michael	Shackcloth
BALA STANDARD TRIATHLON 2021	608	Mr	Michael	Shackcloth
BALA STANDARD TRIATHLON 2021	609	Mr	Anthony	Sheldon
BALA STANDARD TRIATHLON 2021	610	Mr	Brett	Sheppard
BALA STANDARD TRIATHLON 2021	611	Mr	Paul	Sheppard
BALA STANDARD TRIATHLON 2021	612	Miss	Ceri	Sheridan
BALA STANDARD TRIATHLON 2021	613	Miss	Neeta	Sherlock
BALA STANDARD TRIATHLON 2021	614	Mr	Steve	Shirley
BALA STANDARD TRIATHLON 2021	615	Mr	Danny	Shorter
BALA STANDARD TRIATHLON 2021	616	Mr	Grant	Shuttleworth
BALA STANDARD TRIATHLON 2021	617	Mr	Oliver	Simon
BALA STANDARD TRIATHLON 2021	618	Mr	Joel	simpson
BALA STANDARD TRIATHLON 2021	619	Mr	Dafydd	Sion
BALA STANDARD TRIATHLON 2021	620	Mr	Rik	Skingsley
BALA STANDARD TRIATHLON 2021	621	Miss	Susie	Skinner
BALA STANDARD TRIATHLON 2021	622	Mr	Paul	Skipper
BALA STANDARD TRIATHLON 2021	623	Mr	Ed	Slater
BALA STANDARD TRIATHLON 2021	624	Mr	James	Slomka
BALA STANDARD TRIATHLON 2021	625	Mr	Krystian	Slosarczyk
BALA STANDARD TRIATHLON 2021	626	Mr	Dave	Smith
BALA STANDARD TRIATHLON 2021	627	Mr	Grant	Smith
BALA STANDARD TRIATHLON 2021	628	Miss	Jennifer	Smith
BALA STANDARD TRIATHLON 2021	629	Mr	Michael	Smith
BALA STANDARD TRIATHLON 2021	630	Mr	Mitchell	Smith
BALA STANDARD TRIATHLON 2021	631	Ms	Siobhan	Smith
BALA STANDARD TRIATHLON 2021	632	Mr	Lee	Snape
BALA STANDARD TRIATHLON 2021	633	Mr	Jared	Southwell
BALA STANDARD TRIATHLON 2021	634	Mrs	Emma	Southworth
BALA STANDARD TRIATHLON 2021	635	Miss	Marianne	Speed
BALA STANDARD TRIATHLON 2021	636	Mr	George	Steele
BALA STANDARD TRIATHLON 2021	637	Mr	Stuart	Steen

BALA STANDARD TRIATHLON 2021	638	Mr	Nick	Sternberg
BALA STANDARD TRIATHLON 2021	639	Mrs	Paula	Stevens
BALA STANDARD TRIATHLON 2021	640	Miss	Nicola	Stone
BALA STANDARD TRIATHLON 2021	641	Mr	Mathew	Storer
BALA STANDARD TRIATHLON 2021	642	Miss	Emily	Stratton
BALA STANDARD TRIATHLON 2021	643	Mr	Jack	Strode
BALA STANDARD TRIATHLON 2021	644	Mrs	Gemma	Struthers
BALA STANDARD TRIATHLON 2021	645	Miss	Faye	Suddart
BALA STANDARD TRIATHLON 2021	646	Mr	Steven	Sunners
BALA STANDARD TRIATHLON 2021	647	Mr	Graeme	Sutcliffe
BALA STANDARD TRIATHLON 2021	648	Mr	Paul	Sutton
BALA STANDARD TRIATHLON 2021	649	Miss	Georgina	Swire
BALA STANDARD TRIATHLON 2021	650	Mr	Josh	Swire
BALA STANDARD TRIATHLON 2021	651	Mr	Matt	Talbot
BALA STANDARD TRIATHLON 2021	652	Mr	Joshua	Tatler
BALA STANDARD TRIATHLON 2021	653	Ms	Jacinta	Taylor
BALA STANDARD TRIATHLON 2021	654	Mr	Paul	Teakle
BALA STANDARD TRIATHLON 2021	655	Mr	Oliver	Teale
BALA STANDARD TRIATHLON 2021	656	Mr	david	teedon
BALA STANDARD TRIATHLON 2021	657	Mr	Josh	Terry
BALA STANDARD TRIATHLON 2021	658	Mr	Andrew	Thomas
BALA STANDARD TRIATHLON 2021	659	Mr	Aranli	Thomas
BALA STANDARD TRIATHLON 2021	660	Ms	Claire	Thomas
BALA STANDARD TRIATHLON 2021	661	Mrs	Gareth	Thomas
BALA STANDARD TRIATHLON 2021	662	Mr	Owain	Thomas
BALA STANDARD TRIATHLON 2021	663	Mr	Paul	Thomas
BALA STANDARD TRIATHLON 2021	664	Mr	Rob	Thomas
BALA STANDARD TRIATHLON 2021	665	Mr	Ben	Thompson
BALA STANDARD TRIATHLON 2021	666	Mrs	Leanne	Thompson
BALA STANDARD TRIATHLON 2021	667	Ms	Francesca	Thomson
BALA STANDARD TRIATHLON 2021	668	Mr	Martin	Thomson
BALA STANDARD TRIATHLON 2021	669	Mr	Dalton	thor Bicknell
BALA STANDARD TRIATHLON 2021	670	Mr	Chris	Tibbetts
BALA STANDARD TRIATHLON 2021	671	Mr	Lee	Tickle
BALA STANDARD TRIATHLON 2021	672	Mr	James	Tilley
BALA STANDARD TRIATHLON 2021	673	Mr	Kiel	Timmins
BALA STANDARD TRIATHLON 2021	674	Mr	Ashley	Tomlinson
BALA STANDARD TRIATHLON 2021	675	Ms	Molly	Toolan-Kerr
BALA STANDARD TRIATHLON 2021	676	Dr	Carrie	Tooley
BALA STANDARD TRIATHLON 2021	677	Mr	Paul	Trafford
BALA STANDARD TRIATHLON 2021	678	Mr	Thomas	Triathlon
BALA STANDARD TRIATHLON 2021	679	Mrs	Michelle	Tunney
BALA STANDARD TRIATHLON 2021	680	Mr	Stuart	Tunney
BALA STANDARD TRIATHLON 2021	681	Mr	Joseph	Turnbull
BALA STANDARD TRIATHLON 2021	682	Mr	david	Turner
BALA STANDARD TRIATHLON 2021	683	Mr	louis	Turrell
BALA STANDARD TRIATHLON 2021	684	Mr	Will	Turton
BALA STANDARD TRIATHLON 2021	685	Mr	Andy	Tutte
BALA STANDARD TRIATHLON 2021	687	Miss	Lia	Valentine
BALA STANDARD TRIATHLON 2021	688	Mr	Darren	Vaughan
BALA STANDARD TRIATHLON 2021	689	Mr	Owain	Vaughan
BALA STANDARD TRIATHLON 2021	690	Mr	Michael	vaux
BALA STANDARD TRIATHLON 2021	691	Mr	Steven	Voyzey

BALA STANDARD TRIATHLON 2021	692	Dr	Clare	Wadlow
BALA STANDARD TRIATHLON 2021	693	Mrs	Rachael	Wadlow
BALA STANDARD TRIATHLON 2021	694	Mr	liam	walch
BALA STANDARD TRIATHLON 2021	695	Mrs	Anne	Walker
BALA STANDARD TRIATHLON 2021	696	Mr	Daniel	Walker
BALA STANDARD TRIATHLON 2021	697	Dr	Jo	Wallace
BALA STANDARD TRIATHLON 2021	698	Miss	Freya	Warburton
BALA STANDARD TRIATHLON 2021	699	Miss	Rachel	Ward
BALA STANDARD TRIATHLON 2021	700	Mrs	Natalie	Warren
BALA STANDARD TRIATHLON 2021	701	Dr	Huw	Waters
BALA STANDARD TRIATHLON 2021	702	Mr	James	Watkins
BALA STANDARD TRIATHLON 2021	703	Mr	Cameron	Watters
BALA STANDARD TRIATHLON 2021	704	Mr	Gavin	Watts
BALA STANDARD TRIATHLON 2021	705	Mr	Andrew	Weaver
BALA STANDARD TRIATHLON 2021	706	Miss	Danielle	Webb
BALA STANDARD TRIATHLON 2021	707	Mr	Robert	Webb
BALA STANDARD TRIATHLON 2021	708	Mr	Christopher	Weeks
BALA STANDARD TRIATHLON 2021	709	Mr	Stephen	Wellington
BALA STANDARD TRIATHLON 2021	710	Ms	Jen	Wells
BALA STANDARD TRIATHLON 2021	711	Mrs	Zoe	West
BALA STANDARD TRIATHLON 2021	712	Mr	Ross	Whitaker
BALA STANDARD TRIATHLON 2021	713	Miss	Sophie	White
BALA STANDARD TRIATHLON 2021	714	Mr	barry	whitehead
BALA STANDARD TRIATHLON 2021	715	Mr	Andy	WhiteheadHughes
BALA STANDARD TRIATHLON 2021	716	Mr	Ian	Whittaker
BALA STANDARD TRIATHLON 2021	717	Mr	Paul	Wilcox
BALA STANDARD TRIATHLON 2021	718	Ms	Elsie	Wild
BALA STANDARD TRIATHLON 2021	719	Mrs	Helena	Wilkes
BALA STANDARD TRIATHLON 2021	720	Mrs	Carolyn	Williams
BALA STANDARD TRIATHLON 2021	721	Mr	Craig	Williams
BALA STANDARD TRIATHLON 2021	722	Mr	Craig	Williams
BALA STANDARD TRIATHLON 2021	723	Mr	Daniel	Williams
BALA STANDARD TRIATHLON 2021	724	Mr	Dave	Williams
BALA STANDARD TRIATHLON 2021	725	Mr	Douglas	Williams
BALA STANDARD TRIATHLON 2021	726	Mr	Dylan	Williams
BALA STANDARD TRIATHLON 2021	727	Mr	Eirian	Williams
BALA STANDARD TRIATHLON 2021	728	Mr	Guto	Williams
BALA STANDARD TRIATHLON 2021	729	Mr	Harley	Williams
BALA STANDARD TRIATHLON 2021	730	Mr	Huw	Williams
BALA STANDARD TRIATHLON 2021	731	Mr	Ilan	Williams
BALA STANDARD TRIATHLON 2021	732	Mrs	Joy	Williams
BALA STANDARD TRIATHLON 2021	733	Miss	Magi	Williams
BALA STANDARD TRIATHLON 2021	734	Dr	Mathew	Williams
BALA STANDARD TRIATHLON 2021	735	Mr	Matthew	Williams
BALA STANDARD TRIATHLON 2021	736	Mr	Mike	Williams
BALA STANDARD TRIATHLON 2021	737	Mr	Noa	Williams
BALA STANDARD TRIATHLON 2021	738	Mr	Rhys	Williams
BALA STANDARD TRIATHLON 2021	739	Mr	Sion	Williams
BALA STANDARD TRIATHLON 2021	740	Mr	Tom	Williams
BALA STANDARD TRIATHLON 2021	741	Mr	James	Wilson
BALA STANDARD TRIATHLON 2021	742	Mr	Stuart	Winslow
BALA STANDARD TRIATHLON 2021	743	Mr	Ian	Woodman
BALA STANDARD TRIATHLON 2021	744	Mr	Robin	Woods

BALA STANDARD TRIATHLON 2021	745	Miss	Gemma	Wootton
BALA STANDARD TRIATHLON 2021	746	Mr	Tom	Worthy
BALA STANDARD TRIATHLON 2021	747	Mr	Andy	Wright
BALA STANDARD TRIATHLON 2021	748	Ms	Kirsty	Wright
BALA STANDARD TRIATHLON 2021	749	Mr	Joseph	Wyatt
BALA STANDARD TRIATHLON 2021	750	Mr	Nick	Wyatt
BALA STANDARD TRIATHLON 2021	751	Ms	Janet	Wyles
BALA STANDARD TRIATHLON 2021	752	Mr	jordan	wynne
BALA STANDARD TRIATHLON 2021	753	Mr	Luke	Yelland
BALA STANDARD TRIATHLON 2021	754	Mr	Calum	Young
BALA STANDARD TRIATHLON 2021	755	Mr	Francis	Young
BALA STANDARD TRIATHLON 2021	756	Mr	Xinyu	Zhu
BALA STANDARD TRIATHLON 2021	757	Mr	Nicholas	Watkins
BALA STANDARD TRIATHLON 2021	758	Mr	Christopher	Kirkham
BALA STANDARD TRIATHLON 2021	759	Mrs	Elizabeth	Williams
BALA STANDARD TRIATHLON 2021	760	Mr	Dave	Pritchard
BALA STANDARD TRIATHLON 2021	761	Mrs	Kathryn	Thomas
BALA STANDARD TRIATHLON 2021	762	Mr	Chris	Beardmore
BALA STANDARD TRIATHLON 2021	763	Mr	Paul	Ryman
BALA STANDARD TRIATHLON 2021	764	Mr	Stephen	Leak
BALA STANDARD TRIATHLON 2021	765	Dr	Emma	Palfrey
BALA STANDARD TRIATHLON 2021	766	Mrs	Sara	Morgan
BALA STANDARD TRIATHLON 2021	767	Mrs	Helen	Colley
BALA STANDARD TRIATHLON 2021	768	Mr	Justin	Bailey